

SUTAB BOWEL PREP

Sutab is a pill form bowel prep. It is taken in 2 doses, the day before and the morning of your procedure. It must be taken with the instructed amount of water to completely remove debris from the colon.

For each **DOSE** of Sutab

1. Open 1 bottle (12 tablets) of Sutab bowel prep.
2. Fill the empty water container with 16 ounces (2 cups) of water, up to the fill line.
3. Swallow 1 tablet with a sip of water every 1-2minutes. Drink all 16 ounces of water. Finish all 12 tablets and all 16 ounces of water with 20 minutes.
4. One hour after you finish the tablets, fill the empty water container again with 16 ounces of water. Drink all 16 ounces of water within 30 minutes.
5. Thirty minutes after finishing Step 4, fill the empty water container again with 16 ounces water. Drink all 16 ounces of water within 30 minutes.

When to take each DOSE of Sutab Bowel Prep

Dose 1

_____ 4pm the day before your colonoscopy

Dose 2

_____ The morning of your colonoscopy (5-8 hours prior to arrival time and no sooner than 4 hours from DOSE 1).

You can continue to drink clear liquids until 4 hours before your arrival time. **Do Not Eat** anything until after your procedure.

Any questions, please call the Surgical Associates office M-F from 8-4:30pm

(907) 714-4130