

MOVIPREP Bowel Prep

The MoviPrep carton contains pouches and a disposable container for mixing. Follow the mixing instructions on the carton. Mix the MoviPrep solution no sooner than 24 hours before it is to be used. You may mix in the flavor pack that came with the bowel preparation. Don't add ice, sugar, or flavorings to the solution. You can refrigerate the preparation.

Read all the instructions before mixing the bowel prep solution. You'll take the preparation in two equal parts.

2-4 HOURS PRIOR TO DRINKING YOUR BOWEL PREP

Mix your prep as instructed and refrigerate if desired

THE EVENING BEFORE YOUR PROCEDURE

Step 1: Drink an 8-ounce glass of bowel prep every 15 minutes until you have finished the full container (32 ounces) -Takes about an hour

Step 2: Drink 16 ounces of water over the next 30 minutes

THE MORNING OF YOUR PROCEDURE, 4 HOURS PRIOR TO ARRIVAL

Step 1: Drink an 8-ounce glass of bowel prep every 15 minutes until the solution is gone.

Step 2: Drink 16 ounces of water over the next 30 minutes.

Step 3: You may continue to drink clear liquids up to 2 hours prior to your arrival or until the time instructed by the Endoscopy Team

Any questions, please call the Surgical Associates office M-F from 8-4:30pm.

(907) 714-4130